

Pulmonary Fibrosis (PF) Provider Checklist

A helpful roadmap to help your patient and their care partner navigate their PF diagnosis.

MEDICAL CARE AND TREATMENT

- ☐ OBTAIN PREVIOUS HRCT SCANS OR BIOPSY SLIDES
- ☐ ENCOURAGE PATIENT TO MAINTAIN A HEALTHY LIFESTYLE THAT INCLUDES TOBACCO CESSATION, ACHIEVING A HEALTHY WEIGHT, MONITORING OXYGEN LEVELS, AND MAINTAINING OXYGEN LEVELS OVER 88% 24 HOURS A DAY
- ☐ DISCUSS APPROVED TREATMENT OPTIONS:
 - Pirfenidone (Esbriet®, Pirfenex®, Pirespa®)
 - Nintedanib (OFEV®)
 - Jascayd (Nerandomilast®)

PULMONARY REHABILITATION & OXYGEN MANAGEMENT

- ☐ ARRANGE PULMONARY REHABILITATION
- ☐ PRESCRIBE OXYGEN WHEN LEVELS GO BELOW 88%

LUNG TRANSPLANTATION

- ☐ DISCUSS LUNG TRANSPLANT OPTION WITH PATIENT
- ☐ SCHEDULE A LUNG TRANSPLANT EVALUATION

PALLIATIVE CARE

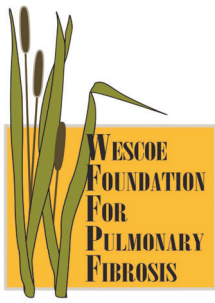
- ☐ EDUCATE PATIENT ON PALLIATIVE CARE - THE BENEFITS, INCLUDING SYMPTOM MANAGEMENT, AND THE IMPORTANCE OF ADVANCED CARE PLANNING
- ☐ INDICATE A PALLIATIVE CARE PROGRAM WITHIN YOUR MEDICAL CENTER

SUPPORT

- ☐ SUGGEST SUPPORT GROUPS AND RESOURCES
SEE BACK OF DOCUMENT FOR THE FULL LIST OF RESOURCES, SUPPORT GROUPS, AND ONLINE COMMUNITIES.



**SCAN TO VISIT
WESCOE FOUNDATION
FOR PULMONARY
FIBROSIS WEBSITE**



Pulmonary Fibrosis (PF) Provider Resources

A helpful roadmap to help your patient and their care partner navigate their PF diagnosis.

Resources, Support Groups, and Online Communities:

- **Wescoe Foundation for Pulmonary Fibrosis:**

wescoefoundationforpulmonaryfibrosis.org/

- **Pulmonary Fibrosis Foundation:**

<https://www.pulmonaryfibrosis.org/>

- **PF Warriors:**

<https://pfwarriors.com/>

- **American Lung Association:**

<https://www.lung.org/>

- **American Thoracic Society:**

<https://www.thoracic.org/>

- **CHEST Foundation:**

<https://www.thoracic.org/>

- **Pulmonary Wellness Foundation:**

<https://pulmonarywellness.org/>

- **Clinical Trials:**

<https://clinicaltrials.gov/>

- **ILD Collaborative:**

<https://www.ildcollaborative.org/>

- **Lung Transplant Foundation:**

<https://lungtransplantfoundation.org/>

- **Get Palliative Care:**

<https://getpalliativecare.org/>



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