

# PATIENT-ENGAGED RESEARCH AND PULMONARY FIBROSIS



## What is pulmonary fibrosis (PF)?

PF is a lung disease where tissue becomes thick and scarred, making it more difficult to breathe.

## What is patient-engaged research?

Patient-engaged research is an approach to research that includes patients and care partners as **members of the research team**. They have a seat at the table with researchers and **share their expertise** about living with PF to help design and conduct a research study.

## What are the requirements to be part of patient-engaged research with PF?

The only requirement is to be a PF patient or care partner who is **willing to share** what it's like to live with PF.

## Why is patient-engaged research valuable?

Patient-engaged research creates studies that are more **meaningful** to patients and care partners and may **improve quality of life** for future generations of patients.

## How is this different from other types of research?

In most other types of research patients and care partners contribute only by having information collected from them. In patient-engaged research, **patients and care partners help direct the research**.

### PATIENT-ENGAGED RESEARCH IS:

- A collaborative approach to research with patients as team members.
- Conducted with input from patients and care partners.
- Key to creating more meaningful research.
- Currently uncommon in the field of PF.
- Created when patients and care partners share their ideas for research studies.

**TO LEARN MORE, INCLUDING HOW YOU CAN HELP, VISIT:**

[www.pfpatientengagement.org](http://www.pfpatientengagement.org)

